Visiting a Patient in Contact Isolation

Please follow these guidelines to prevent the spread of germs:

• **Read the yellow sign** posted on the door and follow all of the instructions **before you enter** the room.

• Rub alcohol-based hand sanitizer on your hands until dry or wash your hands with soap and water for at least 15 seconds **before putting on gloves, gown and entering the room.**

• **Put on a gown and gloves before you enter the room.** If you need help, ask one of the nurses.

• Place your personal items in an area away from the patient, the patient’s bed, the patient’s bedside table(s) and any medical supplies.

• Please do not use the toilet in the patient’s room. Use the visitor’s restroom. If you need help finding the visitor’s restroom, ask a nurse or staff member.

• When you are ready to leave the room, take off your gloves and then your gown. **Throw them into the wastebasket before leaving the room.**

• Rub the alcohol-based hand sanitizer on your hands until dry or wash your hands with soap and water for at least 15 seconds **before you leave the room.** If the patient has *C. difficile*, soap and water must be used.

**Clean hands save lives!**

If you have questions, talk with your nurse or call Clinical Epidemiology at 614-293-8556 or 614-257-2037 (University Hospital East).