

Symphony® Preemie+™

card provides two programs for breastpumping.

IMPORTANT – You should only use the Preemie+ 1.0 program until you achieve 3 consecutive pumping sessions, each totaling 20 mL. Once you have achieved this, you should switch to the Standard 2.0 program.

For Double & Single Pumping



1. Power and charge the Symphony by connecting cord to wall outlet and socket in back of the pump.



2. Make sure breastshield and connector are securely attached.



3. Snap white membranes onto yellow valves.



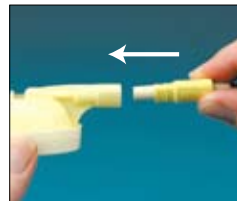
4. Push yellow valve into place on breastshield connectors.



5. Screw collection containers onto breastshields.



6. Assemble protective membrane and membrane cap.



7. Insert the bright yellow ends of tubing into ports on membrane caps.



8. Insert pale yellow ends of tubing into openings in connectors.



9. To unlock case, press the oval release button on top of the pump.



10. Push membrane/cap into place on pumping mechanism. A “click” will be heard once properly seated. To ensure proper fit, be sure to center the membrane caps’ tube ports directly over the crevice on the pump housing. Close the lid.

Initiation - Preemie+ 1.0

The Preemie+ 1.0 program is designed to get pump dependent mothers started breastpumping. Its new unique burst/pause pattern is clinically shown to help mothers of premature infants initiate milk flow as it mimics baby’s first sucking pattern after birth.



1. When plugged in the name reflects that both the Preemie+ 1.0 program and the Standard 2.0 program are on the pump. Press On/Off to start pumping.



2. Center breastshields over nipples.



3. Symphony displays “ for Preemie+”. If you desire to start the Preemie+ 1.0 program, you should press the drop or “let-down” button. This is displayed for 5-10 seconds.



4. “Start Preemie+” is displayed.



5. After a 5 second delay, drops will be displayed. You can now pump with the Preemie+ 1.0 program. The pumping session lasts for 15 minutes. You should use it for the entire 15 minute duration.

2-Phase Expression® - Standard 2.0

The Standard 2.0 program should be started once 3 consecutive 20 mL total pumping sessions have been achieved. The combination of the two programs has been clinically shown to allow mothers of premature infants to provide significantly greater milk output in fewer minutes pumping.



1. When plugged in the name reflects that both the Preemie+ 1.0 program and the Standard 2.0 program are on the pump. Press On/Off to start pumping.



2. Center breastshields over nipples. Symphony Displays “ for Preemie+” to start the Symphony Preemie+ 1.0 program. To start the 2.0 program wait for display to read “Start Standard”.



3. After a 5 second delay, drops will be displayed. You can now use the Standard 2.0 program to begin the Stimulation phase.

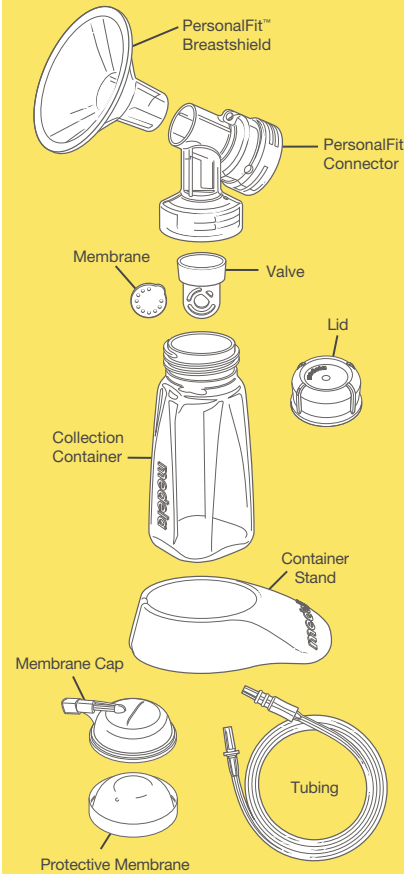


4. If your let-down occurs before the Expression phase begins, you may pump more efficiently by pressing the button to begin the Expression phase.



5. If you need to return to Stimulation for another let-down or did not achieve let-down after 2 minutes, simply press the let-down button to return to Stimulation for another 2-minute cycle.

Kit Parts



See Medela’s instruction booklet for detailed kit assembly, cleaning & pumping information.

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Symphony[®] Preemie⁺[™]

Assembly Tips

- Press assembled protective membrane with cap (see step 6) down - this is best done by pressing down with your lower palm, thumb or finger tips on the center of the cap. You should hear or feel a click when cap and membrane are properly seated. If this is not the case start again. The tubing connector should fit into the indentation on the side of the lid.

Troubleshooting: Low or No Suction

- Make sure all connections of kit and breast pump are secure.
- Make sure the membrane is lying flat against the valve head.
- Make sure the pale yellow ends of the tubing fit securely into the breastshields and the other ends fit into the ports on the membrane caps.
- Make sure membrane cap and protective membrane are fully assembled and pressed completely onto the pumping mechanism.
- Be sure cord is plugged into wall outlet and back of pump unless using a pump with batteries.
- If using a pump with batteries, be sure batteries are charged or that pump is plugged into the wall outlet.
- If you feel that the vacuum is too low, switch the pump off and reassemble the caps and membranes and re-fit onto the pumping mechanisms.
- Be sure to pump with the lid closed. If the lid does not close securely, membrane caps may not be properly attached or aligned.

After Pumping

- If moisture/condensation appears in tubing:
 - a) shake water droplets out and hang to air dry, or
 - b) after pumping, keep only the tubing attached to pump and run for 1–2 minutes or until dry, or
 - c) pour a small amount of isopropyl alcohol through the tubing to dry.
- If using a pump with batteries, plug in the pump to recharge for the next pumping session.

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Quickstart Instructions

- Significantly more milk in less time.



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