

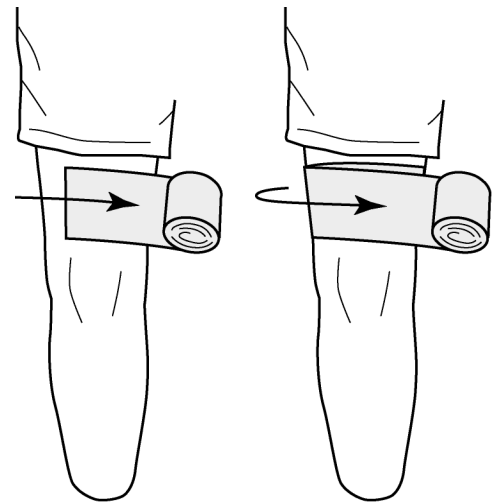
# Below Knee Amputee: Stump Wrapping

## Use Ace Wraps

- Use a 4 or 6 inch ace wraps.
- Re-wrap your stump with ace wrap every 4 to 6 hours.
- Wash the ace wrap every 2 to 4 days. Dry flat.
- Make sure there are no wrinkles in the ace wrap.
- Make sure all areas are covered.
- Keep hold of the wrap to keep the tension on the wrap.
- The wrap should be snug but you should be able to easily slide a couple of your fingers under the wrap.

## Steps to Follow

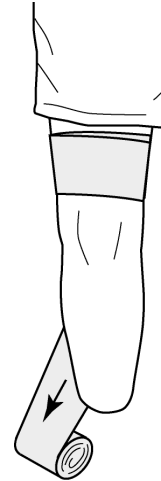
1. Start above the knee to anchor the wrap around your leg. Make a circle with the wrap around your leg.



More on next page →

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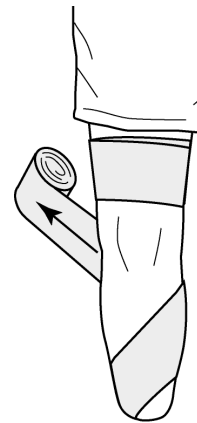
2. Take the wrap to the back of the leg and then across and down the stump. This starts the figure 8 pattern.



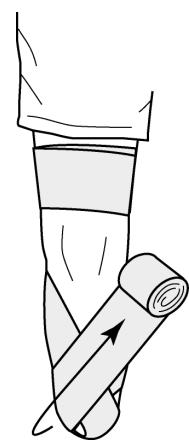
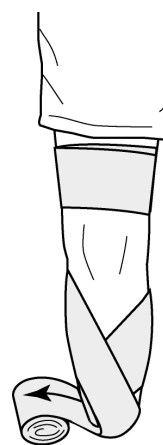
3. Bring the wrap around to the front of the stump, then across and up towards the knee.



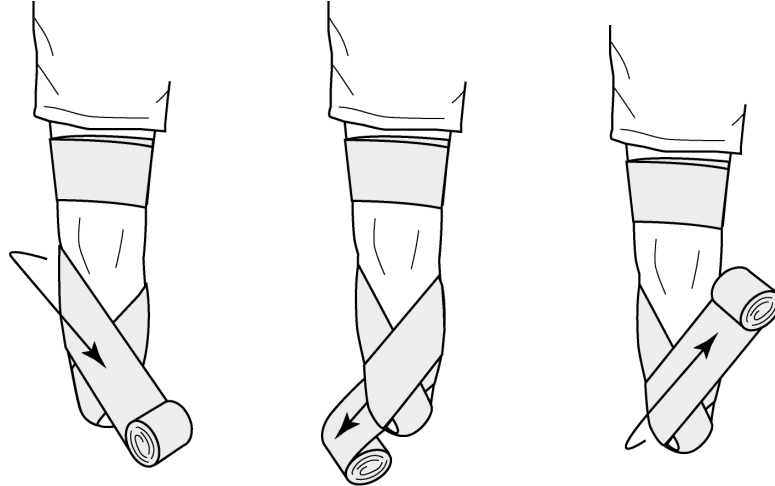
4. Wrap around the back of the knee and then down across the stump.



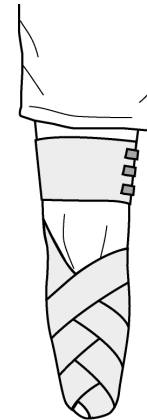
5. Wrap around the base of the stump and then up and across towards the knee. Put more pressure at the bottom of the stump with the wrap than at the top so you do not slow blood flow to the stump.



6. Continue to repeat steps 4 and 5 until the stump is covered. The edges of the wrap should overlap.



7. Secure the end of the wrap to hold it in place. You can use tape or Velcro. Avoid using safety pins or clips to reduce injury to the skin.



✦ **Talk to your doctor or others on your health care team if you have questions. You may request more written information from the Library for Health Information at (614) 293-3707 or email: [health-info@osu.edu](mailto:health-info@osu.edu).**