Welcome to the Adult Comprehensive Sickle Cell Program

James Cancer Hospital & Solove Research Institute
460 West 10th Avenue, Columbus, Ohio 43210
Office Hours: Tuesday 1:00 p.m. to 5:00 p.m. and Thursday 8:00 a.m. to 5:00 p.m.

The Ohio State University Wexner Medical Center East Hospital
181 Taylor Avenue, Columbus, Ohio 43203
Office Hours: Tuesday 8:00 a.m. to 4:00 p.m.

To schedule or reschedule appointments, please call the phone number listed by the doctor’s name below:

Payal Desai, M.D.
Phone: (614) 293-9441
Fax: (614) 257-3637

There are many people who are a part of your Sickle Cell health care team. Each member of the care team is important. They all work together to give you and your family the best care. Communication is very important. Please talk to us about any concerns or questions you may have about your health.

In this handout, you will find the names and phone numbers for the members of your health care team and information you need to know about your care and treatment.

Appointment Information

It is important to keep your appointments. If you need to cancel your appointment, please call our office, (614) 293-9441, at least 24 hours ahead of time.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

© February 25, 2019. The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute.
Clinic Visits
Patients are seen at the Outpatient Clinic on the 13th floor at The Ohio State University Wexner Medical Center East Hospital. Your health care team may include other specialists, including occupational or physical therapist, chaplain, dietitian or mental health clinical nurse specialist.

Emergency Calls After Office Hours
After 4:30 and on weekends or holidays, call your doctor at the office number listed. The answering service will contact your doctor or the doctor who is on call. Please limit these calls to emergencies. Call during regular office hours for non-emergency questions.

<table>
<thead>
<tr>
<th>Health Care Team Member</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Payal Desai, Director</td>
<td>(614) 293-9441</td>
</tr>
<tr>
<td>Valerie Mann-Jiles DNP, ANP- BC, Nurse Practitioner</td>
<td>(614) 293-9441</td>
</tr>
<tr>
<td>Katie Gallagher, Social Worker</td>
<td>(614) 257-3778</td>
</tr>
<tr>
<td>Kim Simpson, Social Worker</td>
<td>(614) 293-6186</td>
</tr>
</tbody>
</table>

Prescription Refills
When you need a prescription refill, please call during office hours, 2 to 3 days before your medicine is needed. Prescriptions are only refilled on Tuesdays and Thursdays. It may take up to 72 hours to receive prior authorization.

When you call the doctor’s office for a prescription, be prepared to give the following information:

- Name of the medicine
- The dose (for example, 25mg)
- How often you take the medicine (for example, 1 pill 2 times each day)
- Your pharmacy name and phone number

Not all prescription orders can be called into your pharmacy. If you have a prescription that must be picked up from your doctor’s office, you will need to show an ID to get the prescription.

It is important to keep an updated list of all the medicines that you take in your wallet or purse. This list should include prescription medicines, over-the-counter medicines, vitamins, supplements and herbs. Bring this list with you to every doctor and dentist visit.
Important Pain Medicine Information

Per Ohio law, you will be asked to sign a pain medicine agreement if you are given a prescription for opioid pain medicine. The Sickle Cell team must follow federal and state laws when they order pain medicine. Opioid pain medicine may only be given or sold to the person who the medicine was ordered for. It is important to keep your prescription pain medicine in a safe place, such as a locked drawer so people do not steal it. The theft and abuse of prescription pain medicine is a serious problem. You play an important part in keeping this powerful medicine out of the hands of those who should not have it. Ohio law also requires that you see a member of your health care team every 120 days (about every 3 to 4 months) to follow up on your use of opioid pain medicine.

Day Hospital Visit

Call the office at (614) 293-9441 if your typical pain does not get better even after you take your home pain medicines. The staff will check to see if there is an opening at the Sickle Cell Day Hospital and will call you back. **For your safety, you must have someone drive you to and from the hospital.** If you come to the hospital and do not have a driver, you may not receive services. Any visitor under age 12 must come with an adult who will stay with the child at all times. For more information, ask for the patient education handout, Sickle Cell Day Hospital.

Family Leave or Disability Paperwork

Family Medical Leave Act (FMLA) or disability paperwork requests can be sent to our office by fax or mail, or you can bring the paperwork to our office. The paperwork will be completed in **10 business days** and mailed to the address you provided when your request was made.

If You Need to go to the Emergency Department

If you are so ill that you need to go directly to the Emergency Department, please call your sickle cell doctor. Your sickle cell team will help manage your care in the emergency department.