The same virus that causes chickenpox causes shingles, also known as Herpes Zoster. For reasons that are not yet understood, the virus remains inactive or dormant in your body and then it becomes active and causes symptoms. Shingles may happen more than once.

Shingles appear as a cluster of blisters with a red base. It often is on one side of the body or face in an area supplied by one spinal nerve. A tingling or prickling sensation starts several days before the rash appears. Individuals who have never had chickenpox can also become infected by touching open blisters.

Only the symptoms of Shingles can be treated. Your doctor may recommend medication for the nerve pain. Your doctor may also prescribe an antiviral medicine to lessen the severity of the rash. The rash may last for 3-5 weeks.

Follow-up as recommended by your doctor.