Home Care After Eye Surgery

The following instructions will help you care for yourself, or be cared for upon your return home today. These are guidelines for your care right after your surgery only.

Medications:
- Medicines sent home: _________________________________
- Non-aspirin over the counter medicine for pain: ___________________
- Start own medicines.

Diet:
- Drink plenty of liquids and eat light meals today. Start your regular diet tomorrow.
- Start your regular diet today.

Activity:
- Avoid straining, exertion or heavy lifting for: _______________________
- Normal daily activities.

Wound Care and Hygiene:
- Do not remove the protective eye shield.
- Do not rub or apply pressure to the eye.

Anesthesia Precautions and Expectations:
- After anesthesia, rest for 24 hours. **Do not drive, drink alcohol or make any important decisions during this time.** General anesthesia may cause a sore throat, jaw discomfort or muscle aches. These symptoms can last for one or two days.
What to Expect After Surgery:

- Mild discomfort.
- Matting or crusting of the eyelids. Pinkish drainage is normal.
- Redness, light sensitivity and tearing.

Call Your Doctor for:

- Increased amount of discomfort or headache not relieved by prescribed medication
- Nausea or vomiting
- A temperature above 100 degrees

Other Instructions: ________________________________

Call your doctor's office at ____________ to make a follow up appointment in _________ weeks.

- If you have questions or problems, call your doctor's office at _______________.
- If you are unable to reach your doctor, call:
  - Ambulatory Surgery Unit at (614) 293-8795
  - The hospital operator at (614) 293-8000. Ask for the resident on call for your doctor.
  - (614) 293-8333 - OSU Emergency Department

I have a copy of and understand the above instructions:

Physician’s Signature / Date

Nurse’s Signature / Date

Patient or Responsible Person