Hematology and Transplant Clinic

The Hematology and Transplant Clinic is the outpatient clinic for bone marrow and stem cell transplant patients. You are seen in this clinic before and after your transplant. When you come to the clinic you will see your doctor for an exam and receive your treatment and follow-up care. Members of your health care team may include:

- Doctors
- Clinical nurse practitioner (CNP)
- Registered nurse
- Patient care associate (PCA)
- Patient service associate (PSA)
- Patient care resource manager (PCRM)
- Social worker
- Office associate
- Transplant coordinator

Hematology and Transplant Clinic Information

- **Weekdays (Monday-Friday) 7:30am-5:00pm**
  - Call the clinic (614) 293-3316 (Outpatient care area)

- **After Hours, Weekends, or Holidays**
  - Call BMTU: (614) 293-3326 (Inpatient care area)
Care After Transplant

Allogeneic transplant patients are usually seen 2 to 3 times each week. Autologous transplant patients are usually seen 1 to 2 times each week. The number of visits each week will decrease as your immune system recovers and you become stronger.

Before you are discharged from the hospital, your PCRM will schedule your first clinic appointment. This will be a morning appointment. If you are unable to keep your appointment, call the clinic to reschedule.

Preparing for Your Clinic Visit

- **What to expect:** Your clinic visit will last 2 to 8 hours based on your needs.

  If you take Cyclosporine (Neoral), Mycophenolate (Cellcept) or Prograf (FK506/ Tacrolimus) do not take these before your appointment unless your doctor tells you otherwise. You will need to wait to take this medicine until after your blood work is drawn. Bring the medicine with you to the clinic.

- **Your Caregiver:** A caregiver must come and stay with you during your entire clinic visit. Your nurse will let you know if your caregiver may leave the clinic and come back later. Your caregiver may wish to bring a lunch along.
  - Children under 12 years old are not allowed in the clinic.
  - Family members and caregivers who are sick should not come with you to the clinic.

- **Please bring these items with you to your first clinic visit:**
  - **Respirator mask (Duck bill).** Always put on your mask before you enter the hospital. You may take off your mask after you are in a clinic treatment room. Wear your mask in construction areas, crowds of people, or if you are around someone who is sick.
  - **All the medicines and supplies you will need for the day.** Your clinic appointment will last 2 to 8 hours.
  - **Discharge instructions, medicine sheets, and medicine bottles.** Bring the name and phone number of your pharmacy.
  - **Address and phone numbers** for where you are staying and the phone numbers for your next of kin.
What to Expect at Your Clinic Visit

- Arrive 15 minutes before your appointment and check in at the front desk.
- The patient care associate (PCA) or nurse will check your vital signs, weight and blood work.
- Your nurse, (CNP) or doctor will review your current condition and blood work and will do a physical exam.
- Your doctor or CNP may order tests or procedures that can include bone marrow biopsy and aspirate, x-rays, C.T. scans, blood or platelet transfusions, IV therapy or consultations with other specialists.
- Your nurse or CNP will review your care instructions before you leave the clinic. It is important to tell your nurse or CNP if you need refills on any of your medicines.
- You will schedule your next appointment before you leave the clinic.