Hematology and Transplant Clinic

The Hematology and Transplant Clinic is the outpatient clinic for bone marrow and stem cell transplant patients. You are seen in this clinic before and after your transplant. When you come to the clinic you will see the doctor for evaluation and receive your treatment and follow-up care. Members of your health care team include:

- Doctors
- Clinical nurse practitioner
- Registered nurse
- Patient care associate (PCA)
- Patient service associate (PSA)
- Patient care resource manager (PCRM)
- Social worker
- Office associate
- Transplant coordinator

Hematology and Transplant Clinic Information

- **Weekdays (Monday-Friday) 7:30am-5:00pm**
  - Call the clinic (614) 293-3316 (Outpatient care area)
- **After Hours, Weekends, or Holidays**
  - Call BMTU: (614) 293-3326 (Inpatient care area) and ask to speak to the charge nurse.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

Care after Transplant

**Allogeneic transplant** patients are usually seen 2 to 3 times per week. **Autologous transplant** patients are usually seen 1 to 2 times per week at first. The weekly number of visits will decrease as your immune system recovers and you become stronger.

When you are discharged from the hospital, the PCRM will schedule your first clinic appointment for you. This will be a morning appointment. If you are unable to keep your appointment, please call the clinic to reschedule this appointment.

Preparing for Your Clinic Visit

- **What to expect:** Your clinic visit will last 2 to 8 hours depending on your needs.

  If you take Cyclosporine (Neoral) or Prograf (FK506/Tacrolimus) do **not** take these before your appointment unless you are given other instructions. That means you will wait to take this medicine until after your blood work is drawn at the clinic. Bring the medicine along with you to take after your blood levels are checked.

- **Your Caregiver:** At first, your caregiver must come and stay with you during your clinic visit. Your nurse will let you know if your caregiver may leave the clinic and come back later. Your caregiver may wish to bring a lunch along.

- **Please bring these items with you on your first clinic visit:**
  - **Respirator mask (Duck bill).** Always wear your mask when you enter the hospital. You may remove your mask after you are taken to a clinic room. Wear your mask in construction areas, crowds of people, or if you are around someone who is sick.
  - **All the medicines and supplies you will need for the day.** Your clinic appointment will last between 2 to 8 hours.
  - **Discharge instructions, medicine sheets, and medicine bottles.** Please bring the name and phone number of your pharmacy.
  - **Address and phone numbers** for where you are staying and the phone numbers for your next of kin.
What to Expect at Your Clinic Visit

- Please arrive 15 minutes before your appointment and check in at the front desk.
- The patient care associate (PCA) or nurse will check your vital signs, weight and blood work.
- The nurse, clinical nurse practitioner (CNP) and/or doctor will review your current condition and will do a physical assessment. Your blood work results will also be reviewed.
- Tests or procedures may be scheduled by your doctor or CNP. These may include bone marrow biopsy and aspirate, x-rays, C.T. scans, blood or platelet transfusions, IV therapy or consultations with other specialists.
- The nurse or CNP will review your care instructions before you leave the clinic. Please tell the nurse or CNP if you need prescription refills to be written or called into your pharmacy.
- When you leave, please stop at the front desk and schedule your next appointment.