Home Care after Facial Surgery

Please follow these instructions in addition to those listed on the General Home Care after Plastic Surgery sheet that you received.

- **Blepharoplasty - Eyelid Surgery**

  - Expect swelling, perhaps to the point of making it hard to see for 48-72 hours. You may apply compresses, saturated with cold water, to your eyes for the first 48 hours.
  
  - Keep your head elevated, by sleeping on extra pillows, or preferably sleep in a recliner for 48-72 hours.
  
  - Expect bruising for 7-10 days.
  
  - You may wash your face with a mild facial cleanser.
  
  - Do not wear any makeup or contact lenses until 48 hours after the sutures are removed.
  
  - Sunglasses may help with light sensitivity.

- **Rhytidectomy - Facelift Surgery**

  - Expect bruising for 7-14 days. You may also notice bruising on your neck or chest.
  
  - Keep your head elevated, by sleeping on extra pillows, or preferably sleep in a recliner for 48-72 hours.
  
  - You may wash your face with a mild facial cleanser.
  
  - You may wash your hair with a gentle shampoo.
  
  - Do not have permanents or coloring done until you discuss this with your doctor.
• Do not wear any makeup until 48 hours after the sutures are removed, unless otherwise instructed by your doctor.

• Your dressing will be removed on your first doctor’s visit after the surgery. Bring a scarf or hat to wear home from your visit.

• Call your doctor’s office if you notice a lot of swelling on one side of your face.

☐ Brow Lift

• Expect bruising of your forehead and eyes for 7 days.

• Keep your head elevated by sleeping on extra pillows, or preferably sleep in a recliner for 48-72 hours.

• You may wash your face with a mild facial cleanser.

• You may wash your hair with a gentle shampoo.

If you would like more written information, please call the Center for Health Information at (614)293-3707. You can also make the request by e-mail: health-info@osu.edu.

© Copyright, (7/2002)
Department of Plastic Surgery
The Ohio State University Medical Center

• Upon request all patient education handouts are available in other formats for people with special hearing, vision, and language needs, call (614) 293-3191.