

Possible Side Effects (*continued*):

Nausea and Vomiting

What to do:

- Call your doctor if you are not able to keep down fluids for more than 24 hours or if you feel lightheaded or dizzy.
- It may help to take this medicine with food.
- Eat small meals or snacks often during the day. Stay away from spicy or high-fat foods.
- Drink water during the day.
- Call your doctor if your nausea makes you unable to take this medicine.
- Take your anti-nausea medicine as ordered by your doctor.

Diarrhea

What to do:

- Call your doctor if this happens more than 4 times in a day, or lasts for more than 1 to 2 days or if you feel lightheaded or dizzy.
- Unless told otherwise, drink extra fluids during the day.
- Your doctor may tell you to take a medicine called Loperamide (Imodium). It is important to follow your doctor's orders for taking this medicine, not the instructions on the box.

Constipation

What to do:

- Eat foods that are high in fiber.
- Drink plenty of water during the day.
- Call your doctor if you have increased straining or abdominal (belly) pain with bowel movements.
- Talk to your doctor about using stool softeners or laxatives.
- Call your doctor if you do not have a bowel movement for 2 days or you are uncomfortable because you are unable to have a bowel movement.

This is not a complete list of all possible side effects. Tell your doctor if you have these or any other side effects that you think are caused by this medicine. Your James health care team will give you further help to manage side effects.

PATIENT EDUCATION

Taking Your Treatment Home

What you need to know about your Anti-Cancer Medicine

Crizotinib (Xalkori)

This brochure has important information on how to use, handle and store your medicine, what side effects to look for and how to manage those side effects.

What it looks like:

- 250 mg capsule (pink capsule)
- 200 mg capsule (pink/white capsule)

How to handle and store:

- **There are special safe handling instructions for this medicine.** Talk to your doctor, pharmacist or nurse about the precautions you need to follow when you take this medicine at home.
- Store in a closed container at room temperature in a dry place such as a cabinet away from light, heat and moisture.
- **Do not** store in your bathroom or refrigerator.
- Keep this medicine away from children and **do not** share it with anyone.

The James



How to take:

- Take this medicine 2 times each day or as ordered by your doctor.
- Swallow the capsule whole with a full glass of water.
- You can take this medicine with or without food.
- **Do not** crush, break, chew or open the capsule.
- If you miss a dose, take it as soon as you remember. If it is close to the time for your next dose (within 6 hours), skip the missed dose. **Do not double up on doses.**
- **Do not** take more capsules than ordered by your doctor.

Disposal:

- Talk with your doctor or pharmacist about how to get rid of prescription medicines safely.

Precautions:

- Tell your doctor if you have heart problems (including long QT syndrome), liver or kidney problems or if you are pregnant or breastfeeding.
- Tell your doctor or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins and herbal products.
- **Do not eat grapefruit or drink grapefruit juice.** This can increase your risk of side effects
- **Do not** take St. John's Wort.

Possible Side Effects

You can find more information on side effects in the Patient Education booklet, *Treatment with Chemotherapy and Anti-Cancer Medicines*.

Vision Changes**What to do:**

- Vision problems often happen within 2 weeks after you start this medicine, but can happen any time.
- Vision changes may affect your ability to drive at night. It is important to use caution if you drive after dark.
- Call your doctor right away if you have any of the following changes in your vision:
 - Flashes of light
 - Blurred vision
 - Light hurting your eyes
 - New or increased visual floater (you see spots, threads or spider webs)

Heart Problems**What to do:**

- Tell your doctor if you have an abnormal heartbeat, feel dizzy or faint.
- Your doctor may check your heart while you are taking this medicine.

Changes in Lab Values**What to do:**

- It is important to keep your appointments to have your blood work checked.
- Your doctor may order the following blood tests: electrolytes, liver function, complete blood count (CBC), thyroid function tests.

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