**Sugammadex (Bridion) Interaction with Birth Control**

**Medicine interacts with birth control**

For your procedure today, you were given a medicine called **sugammadex**. This medicine was used to help speed up your recovery from the muscle relaxant used during anesthesia. This medicine can make your birth control medicine be less effective.

To prevent the chance of pregnancy, **use an added form of birth control for the next 7 days.** Continue to use your current birth control medicine, but be sure to add one of these forms that do not require a prescription:

- Condoms, either male or female
- Cervical cap and sponge
- Abstain from sex

Another option would be to use a diaphragm with spermicide, but a prescription would be needed.

**Talk to your doctor or pharmacist if you have any questions or concerns.**

**Birth control types that are affected**

- Pills
- Shots, such as Depo-Provera
- Implants
- Patches, such as Ortho Evra
- Vaginal rings, such as NuvaRing

**Types not affected**

- Intrauterine devices (IUDs)
- Barrier methods, such as condoms or diaphragms

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