Stroke Support Groups

This is a listing of stroke support groups in central Ohio. There are also online stroke support groups and resources listed.

Resources available to you and your family may vary based on:

- Where you live
- Your insurance coverage
- Your age
- Income, in some cases

Should you need help with finding services or resources, talk to your social worker or case manager.

**Stroke support groups in Central Ohio**

**OSU Stroke Support Group – Worthington**
- Group is led by rehabilitation psychologist and a social worker.
- Stroke survivors, family members and friends welcome.
- Meets every Friday from 12 noon to 1PM
- Location – Worthington Senior Center (Griswold Center) at 777 High Street, Worthington, OH 43085
- Contact person is Dr. Wanda McEntyre, 614-293-3830

**Riverside Young Adult Stroke and Support Group**
- Education and support program for stroke survivors ages 18 to 60, as well as their family members and friends.
- Meets the first Tuesday of every month from 6:30 PM to 8 PM.

More on next page ➜

Learn more about your health care.
• Location – Riverside’s Upper Arlington Rehabilitation Center at 4664 Larwell Drive, Columbus, OH 43220, between Reed and Kenny Road.

• For more information call 614-566-1124.

**Mount Carmel Health System Stroke Support Group**

• Informal meeting to educate patients, their family members and friends and the community about stroke recovery.

• Experts guide group interactions with presentations by guest speakers or videos.

• Meets the third Tuesday of every month, except January, from 7 PM to 8 PM.

• Location alternates between Mount Carmel West College of Nursing and Mount Carmel East Seigel Center.

• For more information call 614-234-3905.

**Columbus Aphasia Group**

• Education and support group for people dealing with aphasia.

• Meets the first Friday of the month from 10 AM to 11 AM.

• Location – OSU Department of Speech and Hearing Sciences, 1070 Carmack Road, Columbus OH 43210

• For more information, contact:
  ▶ Shannon Hand at 614-293-6251 or email, hand.21@osu.edu
  ▶ Lisa Milman at 614-292-5445 or email, milman.3@osu.edu

**Online Stroke Support and Education**

• The Stroke Network – [www.strokenetwork.org](http://www.strokenetwork.org)

• Internet Stroke Center - [www.strokecenter.org](http://www.strokecenter.org)

• National Stroke Association - [www.stroke.org](http://www.stroke.org)