SAGE: Brief Self-Administered Test for Memory and Thinking

The SAGE test stands for Self-Administered Gerocognitive Examination. It is a cognitive assessment tool used to measure a person’s memory and thinking abilities. It can be used as an early indicator of mild cognitive impairment, dementia and conditions causing memory loss. SAGE is a pen and paper test that takes less than 15 minutes to complete. It must be taken without help.

SAGE can be taken in a person’s home but is best taken at the doctor’s office where the doctor can score the test and start an evaluation or treatment if needed. If SAGE is taken at home, it should be taken to the doctor’s office on the next visit. The SAGE test does not replace care by your doctor.

To access the SAGE test and instructions, go to http://sagetest.osu.edu.

- You will be asked to read the terms and conditions for use of the test. If you agree, then click the box to download the materials.
- There are 4 forms of the test. Take only 1 version of the test.
- The person taking the test should use a pen for the test, not pencil. Do not erase your answers.
- Do not answer questions for a person taking the test. Just say, “Do the best that you can” if questions are asked.
- Do not have clocks or calendars within sight when taking this test.

For more information, talk with your doctor or the Department of Neurology at (614) 293-4969 or http://neurology.osu.edu/patientcare.html