Occupational Therapy for the Cancer Patient

As a part of your complete care, your doctor would like you to have occupational therapy to help improve your physical and mental well-being. An occupational therapy evaluation can be done at any point during your care, from the time of diagnosis into long term survivorship.

The Oncology Rehabilitation Department is staffed by occupational therapists with special training to help you manage the side effects of cancer and its treatment. Your occupational therapist will work together with you to design a plan that meets your specific needs and goals. Once we receive the order from your doctor, an appointment will be scheduled for you.

Occupational Therapy services include:

- Activities to improve independence with self-care and daily living skills
- Fatigue management
- Activities to improve fine motor skills and upper body strength
- Ways to manage changes in memory or concentration

What will happen at your occupational therapy appointment?

- You should plan about one hour for your first visit.
- You will meet with an occupational therapist that has reviewed your medical history and will ask you about your current level of functioning.
- Your plan of care may involve several visits with the occupational therapist, or just one visit, to create a program you can perform at home.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

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Occupational therapy may be covered by your insurance plan. Every plan is different. We encourage you to check with your insurance company about what your plan covers before your appointment.

Oncology rehabilitation services are available at the following locations:

The Stefanie Spielman Comprehensive Breast Center
Suite 2300
1145 Olentangy River Road
Columbus, OH 43212

Martha Morehouse Tower
2050 Kenny Road, 9th Floor
Columbus, OH 43221

For more information about the Oncology Rehabilitation Clinic, you may call (614) 293-0043.

We look forward to the opportunity to work with you!