

James Surgery Guide

Thank you for choosing to have your surgery at The James Cancer Hospital. It is our goal to make your visit with us as positive and comfortable as possible. To help you be prepared for your surgery, we have put together this information sheet.

Preparing for Surgery

Our admitting office will call you before your surgery. They will verify your insurance, arrival and surgery times. Follow the instructions below before coming to the hospital:

- **Your doctor or nurse will tell you when and what you can eat before your surgery.** Only take the medicines your surgeon or anesthesiologist told you to take by mouth the morning of your surgery. You may brush your teeth, but do not swallow the water. It is important to have an empty stomach before surgery.
- Do not smoke after 6 p.m. the night before your surgery.
- You may take a bath or shower the morning of your surgery.
- Wear casual, loose-fitting clothing.
- Do not wear makeup, nail polish or hair pins.
- Please leave jewelry and other valuables at home.
- Bring a case for contact lenses or glasses.
- If you take medicines on a routine basis, please bring **all** medicine bottles to the hospital with you.
- Adult patients should be escorted by an adult.
- Arrive at the hospital, two hours before your surgery, or as directed by your surgeon's office, to allow time to get you ready for surgery.
- If you have a living will or durable power of attorney, please bring a copy of the documents with you.

Parking Information

Valet Pick-Up/Drop-Off Point

University Hospital and The James

Mon - Fri: 5 a.m. - 5:45 p.m.

Sat - Sun: 9 a.m. - 5 p.m.

Ross Heart Hospital and Brain and Spine Hospital

Mon - Fri: 5 a.m. - 5:45 p.m.

After hours, please call 614-292-4955 to speak directly with the valet office.

Patients and visitors can also park at:

- *North and South Cannon Garages (1640 Cannon Drive)
- SAFEAUTO Hospitals Garage (1585 Westpark Street)
- 9th Avenue East Garage (345 W. 9th Avenue)
- *12th Avenue Garage (340 W. 12th Avenue)

* These garages are Pay-on Foot Garages. When entering the garage, you will pull a ticket. Be sure to keep the ticket with you throughout your visit. Pay “on foot” when you come back to the garage and pay at one of the terminals located in the elevator lobbies of the garages.

The Day of Your Surgery

On the day of your surgery, check in at the Ground Floor of The James (460 W. 10th Avenue) patient registration.

James Patient Registration (614) 293-2378

Ohio State University Medical Center is committed to improving people's lives through personalized health care. That's why all OSU Medical Center locations - inside and outside - are tobacco-free. If you use tobacco and are ready to quit, talk with your doctor or call Ohio Quits at 1-800-QUIT-NOW or 1-800-784-8669.