Surgery Instructions Voice & Swallowing Disorders Clinic

Patient Name: ____________________________________________

Surgery Date: ____________________________________________

The day before your surgery you will get a reminder call to tell you your exact arrival time. If there have been any changes to the surgery schedule, we will tell you at this time.

Your surgery will be at the location checked below:

- OSU Eye and Ear Institute, 614-293-2090 (915 Olentangy River Road, Columbus, OH 43212)

- Wexner Medical Center and Same Day Surgery Unit, 614-293-8795 (Rhodes Hall, Room 105, 410 W. 10th Avenue, Columbus, OH 43210)

- University Hospital East, 614-257-2789 (West Registration, 181 Taylor Avenue, Columbus, Ohio 43203)

- James Cancer Hospital, 614-293-3205 (460 W. 10th Avenue, Columbus, OH 43210)

- For your safety, you must have an adult bring you to the surgery center and stay with you to take you home after your surgery. You will not be able to leave in a cab, bus or drive yourself.

- If you need to cancel your surgery for any other reason, call your surgeon’s office right away at 614-293-0363.

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.

© March 16, 2017. The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute.
Important Medicine Information

- Some medicines need to be stopped for a time before your surgery to prevent problems. **Call your doctor if you have any questions about your regular medicines.**

- **Talk to your doctor about any medicines you take to thin your blood or prevent clots.** You may need to change these medicines or adjust the amount you take before surgery. These medicines include:
  - Aspirin
  - Clopidogrel, brand name Plavix
  - Prasugrel, brand name Effient
  - Ticagrelor, brand name Brilinta
  - Ticlopidine, brand name Ticlid
  - Warfarin, brand name Coumadin
  - Enoxaparin, brand name Lovenox
  - Dabigatran, brand name Pradaxa
  - Fondaparinux, brand name Arixtra
  - Rivaroxaban, brand name Xarelto
  - Cilostazol, brand name Pletal
  - Edoxaban, brand name Savaysa

- **If you have a stent, do not stop taking your medicines to prevent clots without first talking to the doctor who put in the stent.** For more information, ask a member of your health care team for the patient education handout on protecting your stent.

- If you take aspirin or medicines like aspirin for arthritis pain, ask your doctor if you need to take a different pain medicine around the time of your surgery.

- Call your doctor if your surgery is canceled for any reason because you may need to restart your medicines.

Medicines to Stop Taking Before Surgery

The list below is a guide for the medicines you need to stop taking before surgery and when they should be stopped. If you have any questions about your medicines, talk to your doctor.

- All herbal medicines should be stopped **14 days before surgery.**
• Monamine oxidase inhibitors should be stopped **7 to 14 days before surgery**. These include drugs such as Nardil (Phenelzine Sulfate), Parnate (Tranylcypromine Sulfate), Eldepryl (Seleqiline Hydrochloride). Your doctor will tell you when this medicine should be stopped.

• Glucophage (Metformin) should be stopped **24 hours before surgery**.

**Do not take these medicines the morning of your surgery:**
• Diuretics (water pills)
• ACE Inhibitors for blood pressure
• Digoxin **unless** used for irregular heartbeat, such as atrial fibrillation

**NOTE: If you have diabetes, check your blood sugar the morning of surgery.** Follow your primary care doctor’s directions for managing your blood sugar the morning of your surgery. Your blood sugar will be checked again by anesthesia when you arrive for your surgery.

**You may take these medicines the morning of surgery with a sip of water:**
• All heart medicines
• All blood pressure medicine, except diuretics (water pills) and ACE inhibitors
• All breathing medicines, including inhalers
• All anti-seizure medicine
• All heartburn or gastric reflux medicine, except antacids such as Maalox or Mylanta
• Pain medicine, **prescribed to you by a doctor**, if have severe pain
• Steroid medicine
• Antidepressant medicines, except monamine oxidase inhibitors such as Nardil (Phenelzine Sulfate), Parnate (Tranylcypromine Sulfate), and Eldepryl (Seleqiline Hydrochloride)

**Important Reminders**
**After midnight and on the day of your surgery:**
• **Do not** eat or drink anything.
• **Do not** chew gum or take breath mints.
• **Do not** smoke anything.
• You may brush your teeth and rinse your mouth, but **do not** swallow.
What to Bring to the Hospital

- Photo identification, such as a driver’s license
- Your insurance card
- Insurance co-pay, if required
- A list of **all medicines** you are currently taking including the dose and times that you take them. Include any vitamins, over the counter and herbal products you take. You will be turning this list over to your nurse.
- Crutches or walker, if needed
- Dentures, glasses and hearing aids may be worn, just bring a case for them.

What to Leave at Home

- **All valuables**, cell phone, wallet, purse. Bring your co-pay if your insurance requires one.
- **All jewelry** such as watches, wedding bands and **any form** of piercing.
- **Do not** wear makeup, nail polish, contact lenses, perfume or cologne.

Special Instructions

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

Surgery Instructions Voice & Swallowing Disorders Clinic