

Laqabsiga Tilmaamaha Foosha



THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Induction of Labor Instructions

You are scheduled to come to the hospital on _____
at _____.

We ask that you arrive on time for your appointment.

Call the Labor and Delivery unit at 614-293-8497 before coming to check if there are any delays in having a room ready for you. You may be given the option to wait at home if there is not a room available.

If you need an interpreter to speak with our staff, use the free Direct Interpreter Access Line (DIAL):

1. Call 1-866-336-7121 to contact a Somali interpreter.
2. The interpreter will connect you to the Labor and Delivery unit and interpret for you.

Preparing for Your Induction

- Eat a light meal before coming in for the induction. You will not be able to eat during the induction and labor that could last more than 24 hours. If you have diabetes, ask your health care provider for instructions to manage your blood sugar.

Waxaa lagu balamiyay in aad imaatid isbitaalka _____
_____ saacada _____.

Waxaan ku weydiisaneynaa in aad imaatid waqtiga balantaada.

Soo wac qeybta Foosha iyo Dhalmada ee 614-293- 8497 ka hor imaanshaha si loo hubiyo haddii ay jiraan wax daahitaan ah ee helida qol adiga diyaar kuu ah. Waxaa laga yaabaa in lagu siiyo dooqa lagu suguyo guriga haddii aysan jirin qol diyaar ah.

Haddii aad u baahantahay turjubaan shaqaalaheena la hadlo, isticmaal Qadka Helitaanka Turjubaanka tooska ah (GARAAC):

1. Soo wac 1-866-336-7121 si aad ula xiriirtid turjubaan Soomaali ah.
2. Turjubaanka wuxuu kugu xirayaa daryeel bixiyaha caafimaadkaaga OSU ama qeybta Foosha iyo Dhalmada iyo kuu turjumo adiga

Diyaarinta Laqabsiga

- Cun cunto fudud ka hor imaanshaha laqabsiga. Kuuma suurto galeyso in aad cuntid inta lagu jiro laqabsiga iyo foosha laga yaabo in ay socoto in kabadan 24 saacadood. Haddii aad qabtid sonkor, weydii bixiyaha daryeelkaaga caafimaad ee tilmaamaha lagu maamulayo sonkorta dhiigaaga.

- Your provider has instructed you to:
 - Make no changes in your medicines.
 - Make these changes to your medicines: _____

_____.
 - Bring your photo ID and health insurance card(s) with you.
 - Bring a small bag with your essential items to the unit. Your labor partner may bring other items, such as the car seat, baby and mom's going home clothes, and other things when you are on the Postpartum Unit.
- Bixiyahaaga ayaa kuu tilmaamay in aad:
 - Sameynin wax isbedel ah ee daawadaada.
 - Ku sameysid isbedeladaan daawadaada. _____

_____.
 - La imaw Aqoonsiga sawirkaaga iyo kaararka Caymiska caafimaadka.
 - La imow boorso yar oo ay ku jiraan sheeyadaada muhiimka ah ee qeybta. Lamaanahaaga foosha wuxuu keeni karaa sheeyada kale, sida fadhiga gaariga, dharka canuga iyo hooyada ay ku aadayaan guriga, iyo sheeyada kale marka aad ku jirto Qeybta Dhalmada.

Parking

Preferred parking for Labor and Delivery patients is the **12th Avenue Garage** located at 340 12th Avenue, Columbus, Ohio 43210. You may also park in the **SAFEAUTO Hospitals Garage** located at 1585 Westpark Street, Columbus, Ohio 43210. Discounted garage parking is available. Please bring your ticket to the Information Desk in Rhodes Hall (University Hospital) to receive your discount ticket.

Baakinka

Baakinka la doorbiday ee bukaanada Foosha iyo Dhalmada waa **12th Avenue Garaajka** ee ku taala 340 12th Avenue, Columbus, Ohio 43210. Waxaad sidoo kale ku baakimi kartaa Garaajka Isbitaalka **SAFEAUTO ee ku yaala** 1585 Wadada Westpark, Columbus, Ohio 43210. Baakinka garaajka oo la dhimay waa laheli karaa. Fadlan la imow tikidkaaga Xafiiska Warbixinta ee Hoolka Rhodes (Isbitaalka Jaamacada) si aad u heshid tikidkaaga la dhimay.

Getting to the Labor and Delivery Unit

- You are to go to Labor and Delivery located on the 6th floor of Doan Hall in University Hospital. The address is 410 West 10th Avenue, Columbus, Ohio 43210.
- Take the Doan Hall elevators to the 6th floor. Enter the unit and sign in at the Registration desk. You will need your photo ID and insurance card.

Unit Visitors

You may have up to 3 visitors in your Labor and Delivery room. Other family members need to stay in the waiting area of the 6th floor.

Tagida Qeybta Foosha iyo Dhalamada

- Waxaad galeysaa Fool iyo Dhalmada ee ku taala dabaqa 6aad ee Hoolka Doan ee Jaamacada Isbitaalka. Ciwaanka waa 410 West 10th Avenue, Columbus, Ohio 43210.
- U raac wiishashka Hoolka dabaqa 6aad. Gal qeybta iyo saxiix diiwaanka soo dhaweynta. Waxaad u baahanaysaa sawirka aqoonsiga iyo kaarka Caymiska.

Qeybta Martida

Waxaad ku heli kartaa ilaa 3 marti Fooshaada iyo qolka Dhalmada. Xubnaha kale ee qoyska waxaa laga rabaa in ay joogaan aaga sugitaanka ee dabaqa 6aad.

Induction of Labor Instructions. Somali.

La hadal dhaqtarkaaga ama kooxda daryeelkaaga caafimaad haddii aad qabtid wax su'aalo ah oo ku saabsan daryeelkaaga.

Wixii warbixin caafimaadka ah, la xiriir Maktabada wixii Warbixin Caafimaad ah **614-293-3707** ama i-meel u dir **health-info@osu.edu**.

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