Induction of Labor
Instructions

You are scheduled to come to the hospital on __________________________
at __________________.

- We ask that you arrive on time for your appointment.
- **Call the Labor and Delivery unit at 614-293-8497 before coming to check if there are any delays** in having a room ready for you. You may be given the option to wait at home if there is not a room available.

### Preparing for Your Induction

- Eat a light meal before coming in for the induction. You will not be able to eat during the induction and labor that could last more than 24 hours. If you have diabetes, ask your health care provider for instructions to manage your blood sugar.
- Your provider has instructed you to:
  - Make no changes in your medicines.
  - Make these changes to your medicines: ______________________________________
    ______________________________________________________________________
    ______________________________________________________________________

- Bring your photo ID and health insurance card(s) with you.
- Bring a small bag with your essential items to the unit. Your labor partner may bring other items, such as the car seat, baby and mom’s going home clothes, and other things when you are on the Postpartum Unit.

### Parking

Preferred parking for Labor and Delivery patients is the **12th Avenue Garage** located at 340 12th Avenue, Columbus, Ohio 43210. You may also park in the **SAFEAUTO Hospitals Garage** located at 1585 Westpark Street, Columbus, Ohio 43210. Discounted garage parking is available. Please bring your ticket to the Information Desk in Rhodes Hall (University Hospital) to receive your discount ticket.

### Getting to the Labor and Delivery Unit

- You are to go to Labor and Delivery located on the 6th floor of Doan Hall in University Hospital. The address is 410 West 10th Avenue, Columbus, Ohio 43210.
- Take the Doan Hall elevators to the 6th floor. Enter the unit and sign in at the Registration desk. You will need your photo ID and insurance card.
Unit Visitors
You may have up to 3 visitors in your Labor and Delivery room. Other family members need to stay in the waiting area of the 6th floor.