

# Full Body Photography

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## What is Full Body Photography (FBP)?

Full Body Photography is a procedure that takes pictures of the skin on all areas of your body. This complete record of your skin will help your doctor track any changes seen during a physical exam. FBP can show new moles and changes in existing moles.

After your FBP is complete, you will be given a compact disc (CD) with all the pictures taken during the procedure. It is helpful when you do your monthly skin self-exam, to compare any changes in the size, color, or shape of your moles, with the pictures on the CD. If you see any changes in your moles or find new moles, you should make an appointment with your doctor.

## Who should have FBP?

Full Body Photography may be done if you have any of the following:

- A history of melanoma
- A family member with melanoma
- More than 50 moles
- Multiple dysplastic nevi (a larger than normal mole with uneven or ragged edges that is pink to dark brown in color)
- Currently take an immuno-suppressant medicine (transplant patients)
- Fair skin and a history of multiple sunburns

## How is FBP done?

- A medical photographer with special training will take your pictures using state-of-the art digital photography equipment.
- FBP will be done in a comfortable private room.

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**This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.**

- You will be asked to remove all of your clothing for FBP. You will be given a cloth bathrobe.
- A paper bra and underwear are available, if desired. The coverage from these garments is small to allow for maximum skin exposure.
- Every effort will be made to maintain your modesty and privacy.
- You will be placed in different positions so pictures can be taken of your entire skin surface.
- Your pictures will be stored in a safe place for use during your doctor visits.
- FBP will take about 2 hours.

### **What else should I know about my FBP appointment?**

- Do not wear make-up (this includes foundation, lipstick, eyeliner, and eye shadow).
- Do not wear nail polish.
- Do not wear black socks or sandals. They can leave dirt or lint on your skin, which can be mistaken for moles.
- Trim or shave body hair so your moles can be seen.
- Bring a hair band to tie your hair back.
- You will be asked to undress completely (this includes underwear, bra, socks, shoes).
- You will be asked to remove your jewelry. You should leave these items at home.
- It is your responsibility to keep the CD given to you after your FBP in a safe place.
- Call the office if you need to cancel or reschedule your appointment.

### **Will my insurance cover the cost of FBP?**

Full Body Photography **may not** be covered by your insurance. Every insurance plan is different. Call your insurance company for specific information about your policy. If you have questions or need a copy of your bill, you may call the Business Office at (614) 293-2100.