

## Possible Side Effects (*continued*):

### Nausea and Vomiting

#### What to do:

- Call your doctor if you are unable to keep fluids down for more than 24 hours or if you feel lightheaded or dizzy.
- Take your anti-nausea medicine as ordered by your doctor.

### Low Red Blood Cells

**What this means:** This medicine may lower your red blood cell count. This is also known as “anemia.”

#### What to do:

- Call your doctor if you feel dizzy, lightheaded, short of breath, or have worsening fatigue.

### Liver Function Changes

**What this means:** It is rare, but this medicine can cause severe liver injury. Signs of liver damage are dark colored urine, yellowing of the skin, abdominal pain or tenderness, “flu-like” symptoms, or nausea and vomiting.

#### What to do:

- **Call your doctor immediately if you have any of these symptoms.**

**This is not a complete list of all possible side effects. Tell your doctor if you have these or any other side effects that you think are caused by this medicine. Your JamesCare team will give you further help to manage side effects.**

## PATIENT EDUCATION

# Taking Your Treatment Home

What you need to know about your Anti-Cancer Medicine

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## Flutamide (Eulexin)

Here is important information on how to use, handle, and store your medicine, what side effects to look for and how to manage them. If you have questions about this medicine, call your doctor at the number below:

Staple business card here or write in doctor's contact information:

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### How to handle and store:

- It is safe to handle Flutamide as a whole tablet.
- Store in a closed container in a dry place such as a cabinet away from light, heat, and moisture.
- **Do not** store in your bathroom or refrigerator.
- Keep this medicine away from children and do not share it with anyone.

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**How to take:**

- **Do not** take more tablets than ordered by your doctor.
- **Do not** stop taking Flutamide until your doctor tells you to quit.
- Flutamide can be taken with or without food. If the medicine makes your stomach upset, take it with food.
- If you miss a dose, wait until it is time for your next dose, and skip the missed dose. **Do not double up on doses.**

**Disposal:**

- Talk with your doctor or pharmacist about how to get rid of prescription medicines safely.

**Precautions:**

- Tell your doctor if you have ever had liver disease.
- Tell your doctor if you take warfarin (Coumadin), phenytoin (Dilantin), carbamazepime (Tegretol, Carbatrol, Epitol, Equetro), or dexamethasone (Decadron).
- Tell your doctor or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins and herbal products.
- Ask your doctor or pharmacist before you take any new medicines or herbal supplements.
- **Do not eat grapefruit or drink grapefruit juice.**
- **Do not take acetaminophen (Tylenol), St. John's Wort.**

**Possible Side Effects**

You can find more information on side effects in the Patient Education booklet, *Treatment with Chemotherapy and Anti-Cancer Medicines*.

**Diarrhea****What to do:**

- Call your doctor if you have diarrhea more than 4 times in one day or for more than 1 or 2 days, or if you feel lightheaded or dizzy.

**Breast Tenderness or Enlargement**

**What this means:** Many men will develop mild to moderate swelling of their breasts. Breast or nipple pain may also occur.

**What to do:**

- Tell your doctor if these side effects bother you or interfere with your activities.

**Hot Flashes**

**What this means:** You may have episodes of warmth, sweating and flushing ("hot flash"), sometimes followed by a cold chill.

**What to do:**

- Drink 8 to 10 cups of water or non-caffeinated fluid each day.
- Wear all natural fiber clothes in layers.
- Keep away from triggers such as warm rooms, spicy foods, smoking or drinks with caffeine or alcohol.
- Talk to your doctor before you take over-the-counter remedies.
- Tell your doctor if this side effect bothers you or interferes with your activities or sleep.

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