Family Centered Maternity Care

At Ohio State Wexner Medical Center, we practice Family Centered Maternity Care. Family Centered Maternity Care focuses on you and your family’s care needs during the child birth experience and throughout your stay with us. We want you to feel comfortable and safe during this happy, life-changing event.

How we support you

- We provide educational programs to help you and your family prepare for your baby’s arrival and to support you as parents.
- We respect the cultural differences of our families. We promise to provide support for your individual needs.
- We want you and your family to share in the decisions for your baby’s birth. Tell us your plans for managing your pain and your preferred childbirth method.
- Mothers, babies, and families will be cared for as a family unit from child birth until you leave the hospital.
  - Labor and delivery are in the same room unless a cesarean delivery (C-section) is needed.
  - A mother-baby nurse will care for both you and your baby until you leave the hospital.
  - Your family will get to know your baby by keeping your baby in the room with you.
  - We will show you how to care for your baby day and night. If you need help comforting your baby’s crying or changing the first diaper, we will be there.
  - Your baby’s doctor may examine your baby in your room or the nursery, so you have information about your baby’s health and development.

Your family’s role

Family Centered Maternity Care includes those family and friends who you tell us are a part of your family. They can share in the birth of your baby as you choose. They will be welcome to take part in educational programs and baby care skills, so they know the care you and your baby will need after leaving the hospital.

Talk to your doctor or health care team if you have any questions about your care.

For more health information, contact the Library for Health Information at 614-293-3707 or e-mail health-info@osu.edu.

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