

Possible Side Effects (*continued*):

Nausea and Vomiting

What to do:

- Eat small meals or snacks often during the day.
- Stay away from spicy or high-fat foods.
- Drink plenty of water during the day.
- Call your doctor if you are unable to keep liquids down for more than 24 hours or if you feel lightheaded and dizzy.

Fatigue

What this means: Fatigue or extreme weakness can be due to many factors, including low blood counts, sleep changes, stress, not eating well and pain.

What to do:

- Eat small meals often during the day.
- Drink plenty of fluids.
- Be active, but also plan time for rest.

Cough or Difficulty Breathing

What to do:

- **Call your doctor right away**, if you have a new or worsening cough or problems breathing.

Skin Rash

What to do:

- **Call your doctor right away**, if you have a new or worsening skin rash. Tell your doctor when the rash started, the location of your rash, if it is itchy or painful and if the rash has spread or is getting worse.

This is not a complete list of all possible side effects. Tell your doctor if you have these or any other side effects that you think are caused by this medicine. Your James health care team will give you further help to manage side effects.

PATIENT EDUCATION

Taking Your Treatment Home

What you need to know about your Anti-Cancer Medicine

Duvelisib (Copiktra)

This brochure has important information on how to use, handle, and store your medicine, what side effects to look for and how to manage them.

What it looks like:

- 15 mg oblong, pink capsule
- 25 mg oblong, red and white capsule

How to handle and store:

- **There are special safe handling instructions for this medicine.** Talk to your doctor, pharmacist or nurse about the precautions you need to follow when you take this medicine at home.
- Store in a closed container in a dry place such as a cabinet away from light, heat and moisture.
- **Do not** store in your bathroom or refrigerator.
- Keep this medicine away from children and **do not** share it with anyone.

The James



How to take:

- Swallow the capsules whole with a full glass of water.
- Take this medicine 2 times each day, 12 hours apart.
- You may take this medicine with or without food.
- If you miss a dose, take it as soon as you remember. If it is less than 6 hours before your next dose, skip the missed dose. **Do not double up on doses.**
- **Do not** take more capsules than ordered by your doctor.
- **Do not** open, break or chew the capsule.

Disposal:

- Talk with your doctor or pharmacist about how to get rid of prescription medicines safely.

Precautions:

- Tell your doctor if you have any of the following:
 - Liver problems
 - Breathing problems
- Tell your doctor or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins and herbal products.
- **Do not take St. John's Wort.**
- **Do not breastfeed while on this medicine.**
- **Do not get pregnant while on this medicine.** Talk with your doctor about what birth control to use.

Possible Side Effects

You can find more information on side effects in the Patient Education booklet, *Treatment with Chemotherapy and Anti-Cancer Medicines*.

Low White Blood Cells/Preventing Infection

What this means: You may be at risk of getting an infection.

What to do:

- Call your doctor if your temperature is 100.4 degrees Fahrenheit (38 degrees Celsius) or higher.
- Wash your hands often.
- Wear a mask and stay away from people who are sick.
- Ask your doctor or pharmacist about vaccines you may need.

Diarrhea**What to do:**

- Call your doctor if you have diarrhea more than 4 times a day for more than 1 or 2 days or if you are feeling lightheaded or dizzy.
- Drink extra fluids during the day.

Liver problems

What this means: Your doctor will order blood tests to check your liver while you take this medicine.

What to do:

Call your doctor right away, if you have the following symptoms:

- Dark colored urine
- Stools that become light in color
- The whites of your eyes or your skin turn yellow
- Pain on the right side of your stomach

Continued on back...