

Possible Side Effects (*continued*):

Rash

What this means: You may develop a rash in one area or over large areas of your skin.

What to do:

- Call your doctor if you have any changes in your skin. Your doctor will tell you what to do for this problem.

This is not a complete list of all possible side effects. Tell your doctor if you have these or any other side effects that you think are caused by this medicine. Your James health care team will give you further help to manage side effects.

PATIENT EDUCATION

Taking Your Treatment Home

What you need to know about your Anti-Cancer Medicine

Chlorambucil (Leukeran)

This brochure has important information on how to use, handle, and store your medicine, what side effects to look for and how to manage them.

What it looks like: Brown, film-coated tablet with “GX EG3” on one side and “L” on the other side.

How to handle and store:

- **There are special safe handling instructions for this medicine.** Talk to your doctor, pharmacist or nurse about the precautions you need to follow when you take this medicine at home.
- Store in a closed container in the refrigerator at 36 to 46 degrees Fahrenheit (2 to 8 degrees Celsius).
- Keep this medicine out of direct light.
- Keep this medicine away from children and **do not** share it with anyone.

The James



Filling your Chlorambucil prescription:

- You will need to get your medicine from a specialty pharmacy that has this medicine in stock.
- Talk to your treatment team to find a specialty pharmacy near you.

How to take:

- Take this medicine on an empty stomach.
- **Do not** crush, break or chew the tablets.
- **Do not** take more tablets than ordered by your doctor.
- Drink plenty of water while taking this medicine.
- If you miss a dose, wait until it is time for your next dose and skip the missed dose. **Do not double up on doses.**
- Use a calendar or diary to keep track of what days and what times you take this medicine.

Disposal:

- Talk with your doctor or pharmacist about how to get rid of prescription medicines safely.

Precautions:

- Tell your doctor or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins and herbal products.
- **Do not get pregnant while on this medicine.** Talk with your doctor about what birth control to use.

Possible Side Effects

You can find more information on side effects in the Patient Education booklet, *Treatment with Chemotherapy and Anti-Cancer Medicines*.

Low White Blood Cells/Preventing Infection

What this means: You may be at risk for getting an infection.

What to do:

- Call your doctor if your temperature is 100.4 degrees Fahrenheit (38 degrees Celsius) or higher.
- Wash your hands often.
- Wear a mask and stay away from people who are sick or do not feel well.
- Ask your doctor if you should get a flu or pneumococcal vaccine.

Bleeding/Bruising/Black Stools**What to do:**

- Call your doctor if have bruising, bleeding, and black stools or if you have unusual bleeding, such as bright red blood in your stools or nose bleeds that do not stop.
- Call your doctor if you have sudden or severe stomach pain.
- **Do not** use aspirin, ibuprofen (Advil, Motrin), or naproxen (Aleve) for regular aches and pains.

Nausea and Vomiting**What to do:**

- Eat small meals or snacks often during the day. Stay away from spicy or high-fat foods.
- Drink water during the day.
- Call your doctor if you are not able to keep down fluids for more than 24 hours or if you feel lightheaded or dizzy.
- Take your anti-nausea medicine as ordered by your doctor.

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