Possible Side Effects (continued):
High Blood Sugar
What to do:
• Tell your doctor if you have a history of diabetes.
• Call your doctor if you have any of the following symptoms:
  • Increased thirst
  • Urinating more often than normal

Difficulty Breathing or Cough
What to do:
• Call your doctor if you have any change in your ability to breathe.
• Tell your doctor if you have a cough that will not go away.

Changes in Lab Values
What to do:
• It is important to keep your appointments to have your blood work checked.
• Your doctor may order following blood tests: electrolytes and complete blood count (CBC).

This is not a complete list of all possible side effects. Tell your doctor if you have these or any other side effects that you think are caused by this medicine. Your James health care team will give you further help to manage side effects.
**How to take:**
- Take this medicine 1 time each day with a full glass of water at the same time each day.
- Take one **90 mg tablet** each day for the **first 7 days**. Then take one **180 mg tablet** each day starting on **day 8**.
- This medicine may be taken with or without food.
- **Do not** crush, break, or chew the tablets.
- **Do not** take more tablets than ordered by your doctor.
- If you miss a dose, skip the missed dose. **Do not double your dose.**
- Use a calendar or diary to keep track of what days and what times you take this medicine.

**Disposal:**
- Talk with your doctor or pharmacist about how to get rid of prescription medicines safely.

**Precautions:**
- Tell your doctor or pharmacist about any medicines you take, including prescription and over-the-counter medicines, vitamins and herbal products.
- **Do not eat grapefruit or drink grapefruit juice.** This can increase your risk of side effects
- **Do not get pregnant while on this medicine.** Talk with your doctor about what birth control to use.

**Possible Side Effects**
You can find more information on side effects in the Patient Education booklet, *Treatment with Chemotherapy and Anti-Cancer Medicines.*

**Diarrhea**
**What to do:**
- Drink extra fluids during the day.
- Call your doctor if this happens more than 4 times in a day, or lasts for more than 1 to 2 days or if you feel lightheaded or dizzy.
- Your doctor may tell you to take a medicine called Loperamide (Imodium). It is important to follow your doctor’s orders for taking this medicine, not the instructions on the box.

**Nausea and Vomiting**
**What to do:**
- Call your doctor if you are unable to keep down fluids for more than 24 hours or if you feel lightheaded or dizzy.
- Eat small meals or snacks often during the day. Stay away from spicy or high-fat foods.
- Drink water during the day.
- Call your doctor if your nausea makes you unable to take this medicine.

**Heart Problems**
**What to do:**
- Call your doctor if you have any of the following symptoms:
  - Abnormal heartbeat
  - Chest pain or shortness of breath
  - Swelling in your feet or ankles
  - Dizziness or you feel faint
- Tell your doctor if you have heart problems or high blood pressure.
- Your doctor may check your heart while you are taking this medicine.

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